



June 2025

TIME

NATURE

TO

ADVENTURE

TRAVEL

Rome



Sicily



Malta



Barcelona





# T.O.C.

WELCOME

TIPS

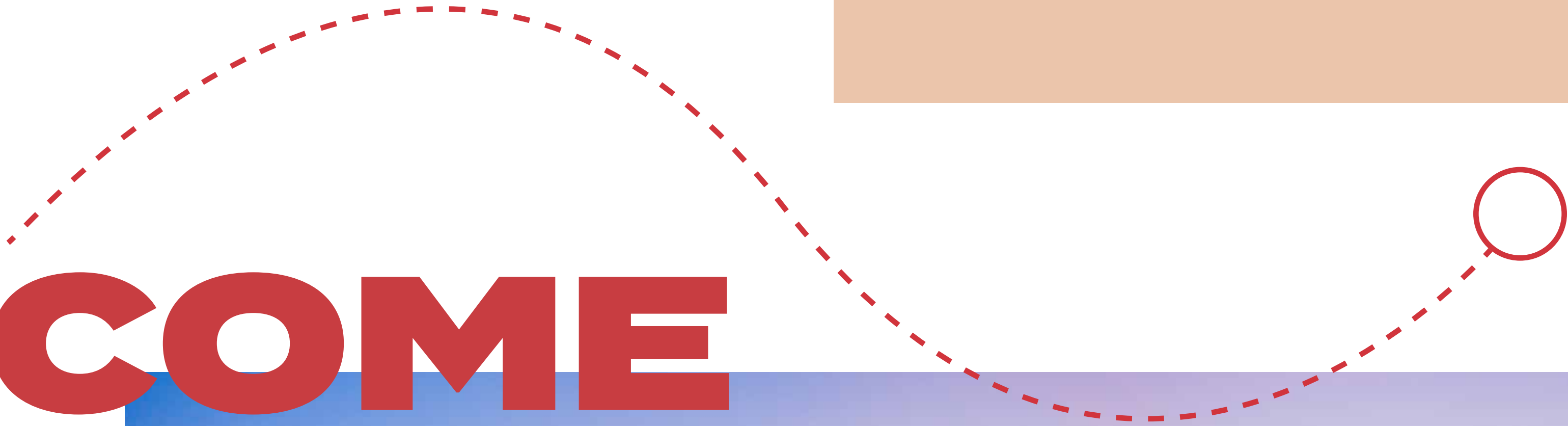

ABOUT US

ADVENTURE

EXPLORATION TIME



DESTINATIONS

BON VOYAGE



# WELCOME

Travelling is a lot of fun, but can also be very stressful. Especially for a first time traveler going abroad. Here are some quick tips to help ease your stress when travelling for the first time.



# EXPLORATION TIPS



## BE FLEXIBLE

Travelling is one of the best things you can do, but not everything goes according to plan. And that's ok, roll with the punches and treat everything like an experience.

## LEARN SOME PHRASES

It's good to remember when you're visiting a new country that you are the visitor. Don't assume that everyone everywhere speaks the same language as you.

## MONEY EXCHANGE

Some countries rely heavily on cash based economies. It's a good idea to exchange some money before going on your vacation. I recommend exchanging \$50-100 in order to have some pocket money when you arrive to your destination. You can exchange more money once at your destination by using the local ATM's.

## MAKE COPIES OF IMPORTANT DOCUMENTS

Your passport is your international ID. It's also the only document that will allow you to travel from one country to another. That being said, it is a good idea to make a photocopy of your passport and VISA and keep it separately from your actual passport, in case there's an incident where you happen to lose or it gets stolen.

## INTERNATIONAL SIM CARD

Having an international SIM card for your phone will help you a lot in your travels. You can make phone calls, text and go online without any additional charges. Your cell phone needs to be unlocked before you are able to use one.

## CREDIT CARDS

Most travelers carry credit cards when they travel. They are a secure way of paying for things, but one thing you need to be aware of is that your credit card company may charge you a fee for using them overseas. The standard is 3% for every transaction, same goes for using ATM's. Also, let your bank and credit card company know that you are traveling so they do not block your card for "suspicious" activity.

## KEEP AN OPEN MIND

Traveling is about experiencing new things (culture, food, customs, language.) A good rule is that nothing is weird, it's only different. Just because things are done a certain way where you are from. It doesn't mean that it's done the same everywhere. It's good to keep an open mind about different customs (taking off shoes inside.) Embrace the new things, you may learn something new about yourself that you didn't before.

# ABOUT US



**M**y name is Edgar Barba and I grew up in Santa Barbara. Like most people who grow up in paradise, I had no idea of the wonders and beauty outside our bubble. While I was in high school, I had the opportunity to go on a guided trip to the South Pacific. Going on that trip changed my life, by showing me that even though Santa Barbara/Goleta were the perfect places to live, we are but a small piece of a bigger, diverse, connected puzzle.

I have 17 years of travel experience in 44 countries across 6 continents. I decided to create Goodland Travel to help inspire our local youth in our community to venture out and experience the World with confidence. Although we know the 805 is amazing, travelling outside of it changed my life. Let me help you change yours.

Rome



Sicily

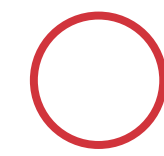


# ADVENTURE

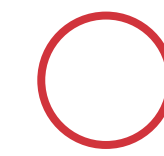
Malta



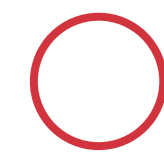
Barcelona



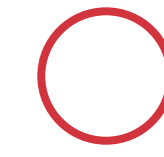
2 weeks of traveling Europe



Planned Activities and free days to explore anywhere your heart desires.



Rome -> Sicily -> Malta -> Barcelona -> (optional) Portugal



Be Present. Have Fun.

# DAYS 1-5

**Day 1:** FLY

**Day 2:** Rome, Italy

Fly to Rome  
Check into hotel  
Free evening

**DAY 3:** Rome, Italy

**OPTIONAL: Visit the vatican**

Spanish steps  
Pantheon

**DAY 4:** Rome, Italy

Trevi Fountain  
Free Afternoon  
Tour of the Colosseum

**DAY 5:** Rome, Italy

**OPTIONAL: Catacombs**

Free Day



# DAYS 6-8

## **Day 6:** Catania, Sicily

Fly to Catania  
Check into hotel  
Swim in the Sea

## **Day 7:** Catania, Sicily

Day Trip to Palermo  
Palermo Cathedral  
Free time in the city to explore and swim

## **Day 8:** Catania, Sicily

Free time

**OPTIONAL: The Godfather/Mafia tour**





# DAYS 9-11

**Day 9:** Malta, Italy

Fly to Malta from  
check into hotel  
Free evening in the city

**DAY 10:** Malta, Italy

Take a day trip to Gozo  
· Free evening

**DAY 11:** Malta, Italy

**OPTIONAL: Blue Grotto**

Free day



**MALTA, ITALY**

# DAYS 12-14

**DAY 12:** Barcelona, Spain

Fly to Barcelona  
Check into hotel  
Free evening

**Day 13:** Barcelona, Spain

Take the train to Montserrat Cathedral  
Visit Sagrada Familia

**Day 14:** Barcelona, Spain

Park Guell  
Free afternoon/evening

# BARCELONA, SPAIN



# DAYS 15-18

## OPTIONAL: 3 extra days in Lisbon, Portugal

**Day 15:** Fly Home/

**OPTIONAL:**

**Add Extension to Portugal**

Fly home

Extend the trip and fly to Lisbon

Check into hotel

**DAY 16:** Lisbon. Portugal

Day trip to Sintra

**DAY 17:** Lisbon, Portugal

**OPTIONAL: Algarve day trip**

Free Day

**DAY 18:** Fly home



# LISBON, PORTUGAL

# OPTIONAL ACTIVITIES

**\*OPTIONAL ACTIVITIES INCUR AN ADDITIONAL COST**

**1. Visit the Vatican**  
(Rome, Italy)

**2. Catacombs**  
(Rome, Italy)

**3. The Godfather/Mafia tour**  
(Sicily, Italy)

**4. Blue Grotto**  
(Malta, Italy)

**5. Add Extension to Portugal**

**6. Algarve day trip**  
(Lisbon, Portugal)



# DESTINATIONS

Map to help you visualize where we will be going to visit.



• LISBON

SPAIN

• BARCELONA •



• ROME



• SICILY •



• MALTA •





**BON  
VOYAGE**